

## **EXAMINABLE AREAS FOR OCCUPATIONAL THERAPY**

### **Duty of care to their clients**

1. Integration of knowledge of confidentiality, informed consent and health and safety in their practice.

### **The ability to provide occupational therapy services in a respectful and non-discriminatory manner**

1. Demonstrates awareness of and is able to discuss ethical and cultural issues regarding ethnicity, socio economic factors and disability in their practice.

### **Professional integrity.**

1. Demonstrates awareness of and is able to discuss the principles and values that underpin the practice of occupational therapy.

### **Effective use of resources**

1. Demonstrates integration of knowledge and application of resources available.

### **The use of theories, models, approaches and concepts of occupational therapy**

1. Applies and evaluates models used at the setting
2. ability to use approaches utilised within the practice setting
3. Demonstrates the importance of evidence base practice
4. Integrates core values and vision of the profession into practice.

### **The ability to effectively implement the occupational therapy process.**

1. Plans treatment programmes with appropriate therapeutic aims and objectives
2. uses a range of assessment tools as appropriate to clients/ patients need
3. Integrates all elements of the Occupational Therapy process appropriately

### **Knowledge of occupation**

1. Implements therapeutic interventions and provides evidence to underpin practice.
2. Independently grades and teaches activities appropriate to client need.
3. Analyses the influence of occupational dysfunction on individuals

### **Knowledge of conditions and their effect in occupational performance.**

1. Identifies and discusses elements relating to dysfunction (medication, trauma, values, beliefs, etc.)
2. Demonstrates the ability to identify and formally record findings using accepted terminology and abbreviations.
3. Evaluates the importance of health promotion and the role of occupational therapy with clients.
4. Evaluates the effectiveness and progress of occupational therapy intervention with clients/ patients, carers and their families.
5. Integrates appropriate knowledge and practical skills in order to make professional judgements and clinical reasoning.
6. Demonstrate accurate analysis and processing of information from a range of sources to inform clinical reasoning

### **The ability to effect change.**

1. Demonstrate an ability to cope with change
2. Implements necessary modifications to the intervention programme
3. Empowers clients and carers to make informed decisions
4. Demonstrates an ability to identify areas for future service developments

### **Personal development**

1. Ability to improve on professional conduct in line with constructive criticism
2. Demonstrates understanding of boundaries and limitations of their own knowledge and skills
3. Reflects on own performance and takes responsibilities as appropriate
4. Understands how professional communication skills impact on all areas of practice.
5. Appreciates all aspect of teamwork and appropriately play role as a team member.

### **Professional development**

1. Transfers knowledge and skills across practice setting
2. Demonstrates effective time management skills and prioritises effectively.
3. Integrates enquiry and research and is able to show relevance to practice.
4. Analyses the impact of health and social care policy and its impact on occupational therapy practice
5. Demonstrates interest to lifelong learning

6. Demonstrates knowledge of the practical use of information technology in the practice setting.

### **The ability to establish and maintain effective therapeutic relationship**

1. Maintains appropriate records and reports accurately.
2. Demonstrates a considerate and respectful attitude to clients, carers and significant others.
3. Understands and uses appropriate verbal and non-verbal communication.
4. Ensures empowerment to inform client choice and autonomy.
5. Recognises and responds to client needs through appropriate therapeutic use of self.
6. Uses effective interpersonal skills that encourages active participation from clients and carers.
7. Shows understanding of the specific local context of practice including the socio-cultural diversity of the community.

### **The ability to establish effective professional relationships**

1. Develops liaison skills with occupational therapy staff and the wider inter-disciplinary team.
2. Contributes effectively to work undertaken as part of an inter-disciplinary team.
3. Demonstrate the role of the occupational therapist within the team in line with the philosophy of the profession
4. Facilitates teamwork through understanding group dynamics and roles
5. Reflects on and analyses the impact of potential barriers to professional relationships

### **Management and organisational skills.**

1. Demonstrates knowledge and application of health and safety policies e.g. manual handling.
2. Demonstrates effective problem solving, prioritisation and delegation skills.
3. Understands the importance and effect of the clinical governance framework, in relation to occupational therapy practice.
4. Demonstrate effective use of assertiveness and negotiation skills.
5. Identifies and implements leadership skills where appropriate.

6. Undertakes risk assessments as appropriate utilising outcomes to inform practice.